

Alcohol Brief Intervention

How to deliver Identification and Brief Advice



What is Alcohol IBA

- IBA is a simple but effective 'brief intervention' for people whose alcohol use may be harmful to their health without them often realising.

Who is the training for?

- The training is suitable for health professionals or any front line roles working in Oxfordshire.
- The training is particularly suited to: GPs, practice nurses, HCAs, midwives, sexual health staff, health visitors, school nurses, A&E staff, youth workers, community safety roles and many more.

Course outcomes

By completing an IBA training course, participants will have developed an understanding of:

- Alcohol use and harms
- Understanding your role in IBA
- Delivery of IBA to reduce risky or harmful alcohol use
- Knowing how and when to refer someone to services
- Key engagement and motivational skills



Your Trainers:



Dr James Morris



Angela Calcan, DrinkCoach

Free half day online interactive training session available.

Wednesday 20th July, 9:30 – 1:30pm

<https://www.eventbrite.co.uk/e/344756665467>

Thursday 18th August, 9:30-1:30pm

<https://www.eventbrite.co.uk/e/344793244877>

Thursday 15th Sept, 9:30 – 1:30pm

<https://www.eventbrite.co.uk/e/344795983067>

Wednesday 12th October, 9:30 – 1:30pm

<https://www.eventbrite.co.uk/e/344797688167>

Thursday 17th November, 9:30 – 1:30pm

<https://www.eventbrite.co.uk/e/344799162577>

Wednesday 11th January 2023, 9:30 – 1:30pm

<https://www.eventbrite.co.uk/e/344799995067>

All bookings via Eventbrite and the online platform will be Zoom.



**OXFORDSHIRE
COUNTY COUNCIL**