

## Housing and Homelessness Support

### Connection Support

[www.connectionsupport.org.uk/oxfordshire](http://www.connectionsupport.org.uk/oxfordshire)

01865 711267 Providing support with homelessness, housing, mental health, independent living, family support, young people and refugee resettlement.

### Better Housing Better Health

0800 107 0044 [www.bhbh.org.uk](http://www.bhbh.org.uk) Support and financial assistance for heating homes.

### Sanctuary Housing

Housing Association providing housing and care [www.sanctuary.co.uk/interactive-support-map](http://www.sanctuary.co.uk/interactive-support-map)

### BYHP -because young people matter

Working with young people 13 to 25 and their families. Providing support to those at risk of NEET (Not in Education, Employment or Training), experiencing relationship breakdown, mental health and therapeutic needs or affected by homelessness [www.byhp.org.uk](http://www.byhp.org.uk)

## Other Support

**Renew Wellbeing centres:** where it's ok not to be ok!

**Renew Bloxham:** Tues 1.30-4pm Baptist Chapel, Hawke Lane, Bloxham, OX15 4PY

**The Dovecote Café:** Kidlington Baptist Church, High Street, Kidlington OX5 2DS. 01865 374983

Sundays 3-5pm and Thursdays 10am-12pm

**Café 103 Bicester:** 1-4pm Tues/Thurs, Bicester Methodist Church, Sheep Street, OX26 6JQ. [cathy.bishop@orchardbaptistchurch.org](mailto:cathy.bishop@orchardbaptistchurch.org)

## Other Support

### Oxfordshire County Council Family

Information Directory [fisd.oxfordshire.gov.uk](http://fisd.oxfordshire.gov.uk)  
Support for families including local activities, schools' advice, disability advice and holiday play schemes.

### Domestic Abuse Support Services

DV assist: 0800 195 8699 women, 0808 801 0327 men, 0800 999 5428 LGBT, National DA helpline: 0808 200 0247 (24/7) Oxfordshire DA helpline: 0800 731 0055 (10am-7pm) or 999 in an emergency.

### Oxfordshire Sexual Health Service

[www.sexualhealthoxfordshire.nhs.uk](http://www.sexualhealthoxfordshire.nhs.uk) 01865 231231 (or Banbury clinic: 01865 904500) Provide contraception, STI testing, HIV care and prevention and pregnancy support.

### Adapt Oxford

[www.adaptoxford.org.uk](http://www.adaptoxford.org.uk) 07786 557104  
Support, therapy, counselling and supported living for recovering addicts.

### Age UK Oxfordshire

[www.ageuk.org.uk/oxfordshire](http://www.ageuk.org.uk/oxfordshire) 0345 450 1276  
Offer support for older people.

### Cleanslate

Support for victims of sexual, physical, mental and emotional abuse throughout Oxfordshire  
01869 232461 [www.cleanslate.org.uk](http://www.cleanslate.org.uk)

### Restore

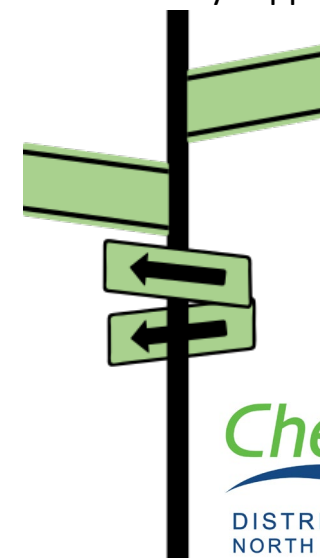
Oxfordshire charity which supports with mental health issues. [www.restore.org.uk](http://www.restore.org.uk) 0845 2500518

**Samaritans** 01295 270000 or freecall 116 123  
**Childline** 0800 1111

# SUPPORT SERVICES

– Cherwell District –

Contacts for help including food, housing and employment support, benefits, health, general advice and community support



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## Community Activities and Support Groups

**Oxfordshire County Council Services**  
[livewell.oxfordshire.gov.uk/](http://livewell.oxfordshire.gov.uk/) for community, health and wellbeing support. Or call Community Links Oxfordshire (managed by Age UK Oxfordshire) 01235 849410

**Carers Support**  
[www.carersoxfordshire.org.uk](http://www.carersoxfordshire.org.uk) Free information, advice and support for carers. 01235 424715

**Harvest @ Home**  
[www.cherwellcollective.com/about-us/harvest-home/](http://www.cherwellcollective.com/about-us/harvest-home/)  
Community action group supporting people to learn the skills to grow their own food at home and in the community.

**Volunteer Connect**  
<https://oxonvolunteers.org/index-classic>  
Find local volunteering opportunities. 0300 3030 126

**The Hill Community Centre, Banbury**  
A community centre with clubs for all ages. For timetable and updates see website [thehillbanbury.com](http://thehillbanbury.com) or [Facebook](https://www.facebook.com/thehillbanbury) or contact: 01295 981176

**Sunrise Multicultural Project, Banbury**  
<https://sunrisemulticultural.org.uk/> 01295 701728  
Opportunities for ethnic minority, single parent, low income families to socialise in a range of activities.

**Home-Start Banbury and Bicester** <https://home-startbanbury.org.uk/> emotional and practical support to parents with at least one child under five years old.

**The Sunshine Centre, Banbury**  
[sunshinecentre.org](http://sunshinecentre.org) 01295 276769  
A hub of family and childcare support services, including baby and toddler groups.

## Food Support

**Food Access Map**  
<https://www.gfo.org.uk/food-support/community-food-services-map/>  
Information on local food services or further details of more food support can be found in CDC Food Support Service leaflet or online  
<https://www.cherwell.gov.uk/info/118/communities/977/cost-of-living-support>



**Trussell Food Banks**  
01865 670569 Trussell helpline  
or contact [banbury.foodbank.org.uk](http://banbury.foodbank.org.uk), or Bicester 01869 245036 [bicester.foodbank.org.uk](http://bicester.foodbank.org.uk),  
Free, requires a referral from Citizens Advice, housing workers, social workers or health centre.

**North Oxfordshire Community Food Bank**  
07929 721172  
[www.northoxfordshirecommunityfoodbank.org.uk](http://www.northoxfordshirecommunityfoodbank.org.uk)  
Free, requires a referral from Citizens Advice, housing workers, social workers or health centre.

## General Advice

**Citizens Advice**  
0808 278 7906 [www.canosn.org.uk](http://www.canosn.org.uk) Cherwell -free advice on debt, benefits, housing, immigration, asylum, employment etc  
0808 278 7909 [www.citizensadviceoxford.org.uk](http://www.citizensadviceoxford.org.uk)  
Oxfordshire -Free advice and support as above.

**Banburyshire Advice Centre**  
[www.banburyshirecitizenproject.org.uk](http://www.banburyshirecitizenproject.org.uk) 01295 279988  
or email: [helpdeskbancp@yahoo.com](mailto:helpdeskbancp@yahoo.com) Free advice on education and benefits and support for carers (Banbury area only)

## Economic Support

**Jobcentre Plus Oxford**  
0800 169 0190 or 0800 055 6688  
Free help finding employment and economic support including Universal Credit.

**Oxfordshire Welfare Rights Barton Advice Centre**  
01865 744165 [www.oxfordshirewelfareadvice.com](http://www.oxfordshirewelfareadvice.com)  
Provide general support and benefits' advice.

**Oxfordshire Mind**  
[www.oxmindguide.org.uk/directory/](http://www.oxmindguide.org.uk/directory/)  
Provide support including benefits, mental health, minority community support and support for carers. 01865 247788

**Financial Support**  
[www.turn2us.org.uk/](http://www.turn2us.org.uk/)  
Support for benefits and grant applications, and find local advice centres.

**Christians Against Poverty**  
<https://capuk.org/> 0800 328 0006  
Free advice and support on debt.

**Cherwell District Council**  
[www.cherwell.gov.uk](http://www.cherwell.gov.uk) 01295 227001  
Provide free advice, emergency support, grant information, benefits support, housing support. Referrals to other agencies.

**The Banbury Larder Job Club**  
Tuesdays, 3-4 pm Marlborough Road Methodist Church, Banbury OX16 5BZ  
Contact: 07946 624222 / 07862 779494