

Roads to Recovery – Oxford Hub Treatment Programme



Monday Core Prescribing Clinic	9:30 – 11:30 Alcohol / Non OU Induction Morning	9:00- 12:00 Oxford Crown Court	9:30- 12:00 Fibroscan Love your Liver	11:00 – 1:00 Recovery Skills Group Oxford Hub	9.30 – 4.30 Open Access Support	9:15 - 4:45 Safeguarding Clinic	12:00 - 4:00 Approved premises Outreach	11:00- 3:00 Allotment Peer Support Elder Stubbs	9:30 – 4:30 Blood Borne Virus Clinic
Tuesday Core Prescribing Clinic	10:00 - 12:30 Womens Recovery Network Vintage refresh café	10:00 - 12:00 Pre-recovery House session		9:00 – 5:00 Get Connected Aspire CV's, College..	9.30 – 4.30 Open Access Support	12:30 – 2:30 Reclaim MYTP on line	12:30 - 4:30 Digital Training courses (Ihasco) Vintage refresh café		5:00 – 7:30 Workers Clinic
Wednesday Engagement Prescribing Clinic	9:30 – 6:00 Engagement Clinic		9:00 – 5:00 Community Volunteering Projects	10:00-5:00 Family Safeguarding Plus Home visits	9:30– 4.30 Open Access Support	9:30 - 5:00 Understanding my drinking MYTP Online courses		9:30 – 4:30 Harm Reduction & Naloxone workshops	9:30 - 4:30 Blood Borne Virus Clinic
Thursday Core Prescribing Clinic	10:30 – 11:30 Understanding My Drinking MYTP online	9:30-5:00 Mindfulness Based relapse prevention		9:30 - 12:00 Alcohol detox Clinic by Appointment	9.30 - 4.30 Open Access Support	1:30 -3:00 Alcohol Relapse Prevention Group Oxford Hub	12:00 – 4:00 DRR & ATR Sessions & screening		5.30 - 7:00 SMART Recovery Online
Friday Reduction Prescribing Clinic	10:30 – 12:30 Mindfulness Based Relapse Prevention MYTP online	9:00 – 16:45 Celebrating Recovery Reduction Clinic		9:00- 14:00 Alcohol Team Home Visits	9:30-4:30 Open Access Support	12:00- 3:00 Recovery Network Vintage refresh cafe	9:00 – 5:00 Get Connected Aspire ETE		Blood Borne Virus Clinic Testing, advice & treatment
Saturday 10am to 2pm		11:00– 12:30 SMART Recovery Oxford Hub			10:30 – 1:30 Open Access		10:30 – 1:30 ATR/DRR Sessions		

Outreach/Groupwork Program/Recovery Support Aftercare/Open Access –Drop In/1:1 Keyworking Sessions

Turning Point Roads to Recovery Oxford is an Integrated Substance Misuse Service located just off the Cowley Road

At Turning Point we know that drugs and alcohol can affect many areas of your life and successful treatment start with being there. We get to know you as a person, to understand what it is that you need to help you turn your life around. We work closely with other organisations in the county to ensure that help is there when you need it.

Our tailored personalised care helps achieve positive outcomes by offering choice, creating independence and helping people build a better life

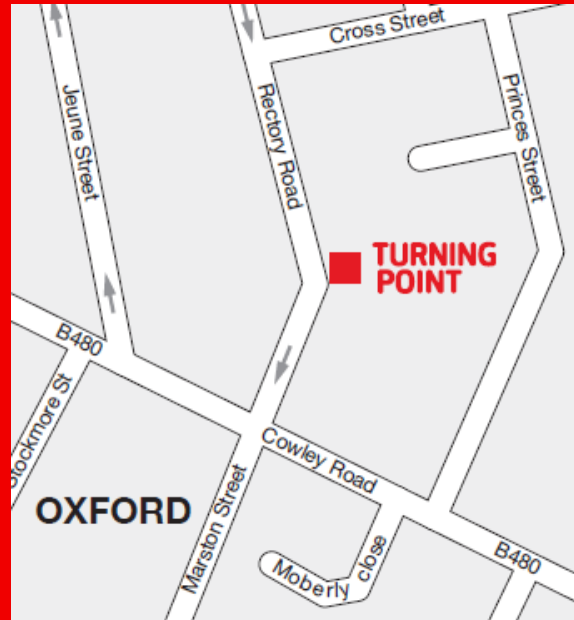
Find out more about the services provided in Oxfordshire by visiting our dedicated website - the Oxfordshire Wellbeing Cloud.



www.wellbeing.turning-point.co.uk/oxfordshire

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Roads to Recovery Oxford

Positive solutions to drug & alcohol problems